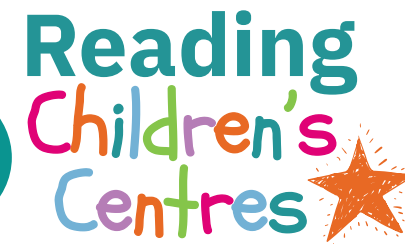


# South Reading Timetable

## May - June 2022



[www.brighterfuturesforchildren.org](http://www.brighterfuturesforchildren.org)

These activities are all taking place at Whitley Children's Centre. Have a look at what fun activities you can book on to:

### Monday

#### **New Directions - Childcare level 1**

(Whitley CC)  
9.30-11.30am  
*Speak to staff for details*

#### **Creche**

9.30-11.30am

#### **Rainbows with Reading Family Church**

(Whitley CC)  
10-11.30am

#### **NEW Cooking on a budget**

(Whitley CC)  
12.30-2pm  
*Booking essential*

### Tuesday

#### **Baby Dimensions**

(Whitley CC)  
10-11am

#### **Portage**

(Whitley CC)  
1-2pm  
*Waiting list, invite only*

### Wednesday

#### **Tiny Talkers**

(Whitley CC)  
10-11am

#### **Midwife Meet & Greet**

(Whitley CC)  
9.30-11am, once a month

#### **Employment Advisor**

(Whitley CC)  
12-4pm

#### **Messy Play**

(Whitley CC)  
1-2pm  
*Under 1s only*

### Thursday

#### **Ready, Steady Nursery**

(Whitley CC)  
9.30-11am

#### **Rhyme and Song**

(Whitley CC)  
1-2pm

### Friday

#### **Toe-to-Head Baby Massage**

(Whitley CC)  
10-11am  
*Eight weeks old +*

#### **Mini Athletics**

(Whitley CC)  
1-1.45pm

#### **Virtual Sessions**

10-11am

- Intro to family foods
- Potty training
- Sleep

Register with us!



For all sessions, please book your place:

Call the South Cluster on 0118 937 3894 or email  
[reading.childrencentres@brighterfuturesforchildren.org](mailto:reading.childrencentres@brighterfuturesforchildren.org)

more info overleaf

Find us at  
Reading Children's Centres



# More information on our free sessions at South Reading Cluster



## Rainbows with Reading Family Church

This session will keep your little ones busy with activities planned around areas of development for your child. It offers a supportive session for all families in the local area.

## Baby Dimensions

Do you have a baby aged 0-6 months? Join us for a pre-booked session, in one of our children's centres, with an experienced baby development worker where we will use activities to stimulate their senses.

## Cooking on a Budget

A fun, relaxed session for you and your child to make healthy meals together. We will provide all the ingredients and support for you to enjoy cooking with your child and taste new flavours and foods. Take a meal away with you and learn new skills.

## Messy Play

Your young child, under the age of one, will explore different textures and materials in a safe and friendly environment.

## Ready, Steady, Nursery

Is your child aged two or three years old? Come and join our fun and engaging six-week course to give your child a taste of nursery life.

## Rhyme and Song

Who doesn't love a sing song? Come and enjoy nursery rhymes and songs in a friendly group. It's a fun way to encourage speech and language skills.

## Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment.

## Mini Athletics

Do you have a child aged 2-5 years? These sessions have a structured and fun format that aims to enhance your child's athleticism. These skills can be used in a wide range of sports, promoting a healthy and active lifestyle. These are free of charge.

## Midwife Meet & Greet

A chance to meet the Blossom Midwife team and ask any questions you may have. This is an invite only session so please speak to your midwife to get booked on.

### Find us at:

**Whitley Children's Centre**  
252 Northumberland Avenue  
Whitley  
Reading  
RG2 7QA

## Useful contacts

**Reading Family Information Service (FIS):** [fis@reading.gov.uk](mailto:fis@reading.gov.uk)

**Community midwives:** 0118 322 8059

**Health visiting team:** 0118 931 2111

Find us at  
Reading Children's Centres

